

# GEL SHIPPING INSTRUCTIONS

**Please note that we require the entire gel be sent to us. We strongly recommend the gel be packaged and shipped per the instructions noted below. Gels that are improperly packaged will break in transit and cannot be used for analysis.**

## **Wistar Proteomics Facility**

Dr. David W. Speicher, Director  
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[www.wistar.upenn.edu/proteomics](http://www.wistar.upenn.edu/proteomics)

Gel(s) that are not securely packaged prior to shipment usually are severely damaged or destroyed during shipment due to abuse of the package by the shipper. We have found the following packaging technique to be successful (gel arrives intact).

1. Take a picture or make a photocopy of the gel, mark on the copy the bands of interest and include this with the submission sheet in a separate plastic bag in the shipping box but packed outside the ice (see further instructions regarding the use of ice).
2. Place the gel in a watertight ziplock plastic bag after draining all excess water from the gel. The gel should remain moist with only a few drops of water in the bag. The gel should not be floating in the bag.
3. Cut 2 pieces of cardboard slightly larger than the size of the bag containing the gel. Place the gel and bag between the cardboard covers and tape all sides.
4. Securely wrap the cardboard/gel+bag/cardboard sandwich with bubblewrap.
5. Place the whole bubblewrapped sample on top of or near the top of loose wet ice in a styrofoam shipping container and send to us by the overnight courier of your choice. **DO NOT** use icepacks or pack bubblewrapped sample between layers of wet ice as this may freeze the gel resulting in breakage.
6. Send an email message to either of the addresses listed above (not the website) the day the package is shipped. We will alert you if we do not receive the package by 4pm the following day. **Do not ship packages on a Friday afternoon for Saturday or other weekend/holiday delivery. SHIP TO:**

**Wistar Proteomics Facility  
Attn: Kaye D. Speicher  
3601 Spruce St Room 154  
Philadelphia, Pa 19104-4268**

PVDF bound samples (for N-terminal sequence only) can be shipped at room temperature using the typical cardboard FedEx letter envelop after the membrane has been placed in a plastic ziplock bag following complete drying. Enclose a copy of the membrane with the bands of interest marked and a completed “**N-TERMINAL SEQUENCE SAMPLE SUBMISSION FORM**”.